



GOOD FOOD 2026 GATHERING



FOR THE LOVE OF FOOD



OCTOBER 30TH 2026 11AM-2PM

Gorge Pavilion 1070 Tillicum Rd., Esquimalt

EVENT PROGRAM



ARRIVING IN THE HARVEST

Upon Arrival, we invite guests to drop off their recipes at the Community Recipe Table. A self-guided exploration of the Good Food Evolution and Stories of Impact around the room will begin to familiarize guests with the seasons harvest.

WELCOMING & GROUNDING

By grounding ourselves in the context in which the network has come together, and reflecting on the harvests we wish to reap in the future, we can begin to plant the seeds we wish to see grow next season.

GATHERING AROUND THE SHARED TABLE

Guests will gather around the table for a shared lunch experience, featuring stories told through the food of makers in the region.

FROM RECIPES TO SEED DIALOGUE

Guests will spend this time connecting with other network members, discussing the individual ingredients and offerings we bring into our communities, and what collective ingredients we need for future harvests. Followed by a seed saving demonstration.



GROWING THE MURAL & ROOM REFLECTION

As we prepare for our next chapter together, we will reflect on the seeds that must be planted across the network, and the conditions that must exist for meaningful growth. We will discuss our collective findings, shared goals, and opportunities to support the success of our future harvests.

CLOSING OFFERINGS & WHAT WE CARRY FORWARD

We know there are significant challenges within our food systems. Before we depart, we invite guests to reflect on the offerings we each bring, and what seeds they are willing to nurture into the following seasons.

