

TACKLING FOOD INSECURITY

A JUST & EQUITABLE FUTURE

DECEMBER 3, 2020

FOOD ISN'T THE SOLUTION TO HUNGER ... IT'S INCOME!

DEFINITIONS

FOOD INSECURITY
INABILITY TO ACQUIRE SAFE HEALTHY FOOD FOR A HEALTHY LIFE

HOUSEHOLD FOOD INSECURITY
FOOD INSECURITY DUE TO FINANCIAL CONSTRAINTS

HUNGER
PHYSIOLOGICAL RESPONSE TO FOOD INSECURITY

MARKET BASKET MEASURES

MEASURE OF GOODS AND SERVICES THAT SUPPORT A MODEST BASIC STANDARD OF LIVING

FOOD · SHELTER · CLOTHING · TRANSPORTATION · ETC.

FOOD BANK ISN'T FRESH & I GET OTHER'S EXPIRED GOODS
I CAN'T AFFORD FOOD
LESS MONEY DOESN'T MEAN I'M LESS OF A PERSON!
I FEEL BAD ABOUT MYSELF

FOOD INSECURITY IS A LIVED EXPERIENCE

FOOD SCARCITY ISN'T A PROBLEM!

WHERE IS THERE OVER-REPRESENTATION?

0.59 | \$100 GOES TO A BLACK-LED ORGANIZATION
BIPOC · THOSE DISCONNECTED

- HIDDEN HUNGRY
- UNHOUSED
- INTERNATIONAL STUDENTS
- INDIGENOUS
- ELDERLY
- SINGLE PARENTS
- WORKING POOR
- IMMIGRANTS
- TRANS/GENDER DIVERSE

WHAT IS THE CAUSE OF FOOD INSECURITY?

DEEP ROOTED ISSUES

- DISCONNECT FROM THE LAND
- COLONIALISM
- POVERTY
- INCOME INEQUALITY
- STRUCTURAL ISSUES
- CAPITALISM
- LACK OF TRADITIONAL KNOWLEDGE

THE PANEL

MODERATED BY SONJA YLI-KAHILA



DIGNIFIED FOOD ACCESS & EMPOWERMENT THROUGH ACCESS TO THE LAND!

SOLIDARITY & MUTUAL AID YIELDS DIGNITY
FOOD IS A RIGHT!

FOOD ACCESS IS ABOUT RECLAIMING ACCESS TO THE LAND

BUILDING COMMUNITY, SKILLS & RESILIENCE THROUGH FOOD

FOOD SECURITY WITH DIGNITY

NEIGHBOURS SUPPORTING NEIGHBOURS

NOURISHING EACH OTHER THROUGH COMMUNITY SOLIDARITY

FOOD DELIVERED TENT TO TENT

APPROPRIATE FOODS

DAYCARE KIDS GROWING FOOD

CULTIVATING HANDS-ON EXPERIENCES

PROMOTE DIGNITY THROUGH ONLINE 'ANONYMOUS' PLATFORM

MEAL SHARING

AFFORDABLE HEALTHY MEALS

BURLAP SAC GARDENS

SMALL SCALE GARDENS

COMMUNITY KITCHEN

ADDITIONAL CHALLENGES

- SINGLE INCOME
- HIGH RENT
- URBAN LIVING
- HOMELESSNESS

ASK LISTEN ADVOCACY VOTING MATTERS

TRADITIONAL KNOWLEDGE

SEEDS OF CHANGE

FOOD INSECURITY & HUNGER

START SMALL

CREATE ACCESS PROVIDE CHOICE BUILD CONNECTIONS OPPORTUNITY

RECLAIM LAND ACCESS

SKILLS

EDUCATION TRADITIONAL KNOWLEDGE

BLACK BERRIES ???

LAND IS LIFE!

ACTIVELY LISTENING

RECONNECT PEOPLE TO THE LAND

COMMUNITY BASED

CREATE EQUITY

TRADITIONAL KNOWLEDGE

CREATE NETWORK OF SUPPORT

HUMAN TO HUMAN

MAKE SPACE TO ADDRESS ROOT CAUSES

DECOLONIZE OUR ORGANIZATIONS

COMMUNICATIONS

PROGRAM DELIVERY



JOAN STONEHOCKER

FOOD INSECURE RATES

