## Food as an Artistic Medium

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"Eating is a political act, it is more than just eating. We choose what we eat, and therefore support a process....But eating is also a cultural act that reaffirms one's identity and worldview each time one sits down with a plate....We eat both memories and knowledge."

 Rarámuri Nation ethnoecologist Enrique Salmón

### Eating Meditation

#### 1960s – Food as Performance



Danger Music Number Fifteen, Dick Higgins, first performed in 1962



*Make a Salad*, Alison Knowles, first performed in 1962

# 1990s/2000s – Food as Gathering in the Gallery



untitled (Free/Still), Rirkrit Tiravanija, first performed in 1991



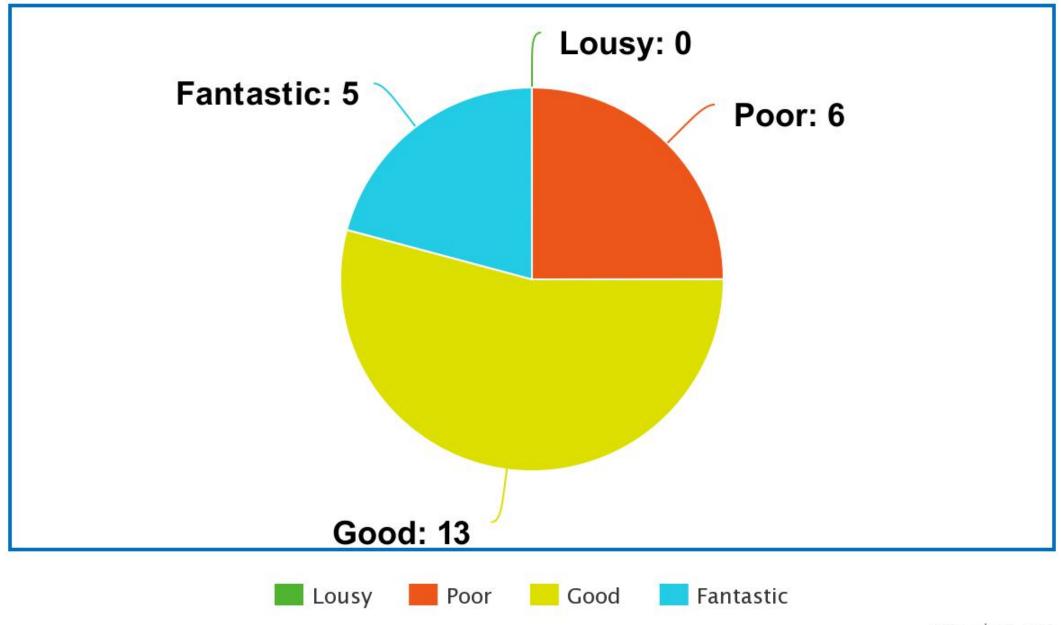
*Gold Mountain Restaurant,* Karen Tam, 2002-2017 Today – Growing, Cooking, and Eating through a Sustainable Future

"As public attention has increasingly been drawn to the politics of food production and distribution, contemporary practitioners turn such awareness into direct and immediate public actions. As we face the very real threats of devastating climate change, a global food crisis, and oil shortages, they address environmental concerns with an unprecedented urgency."

-Berin Golonu, Assitant Professor of Art History at SUNY Buffalo

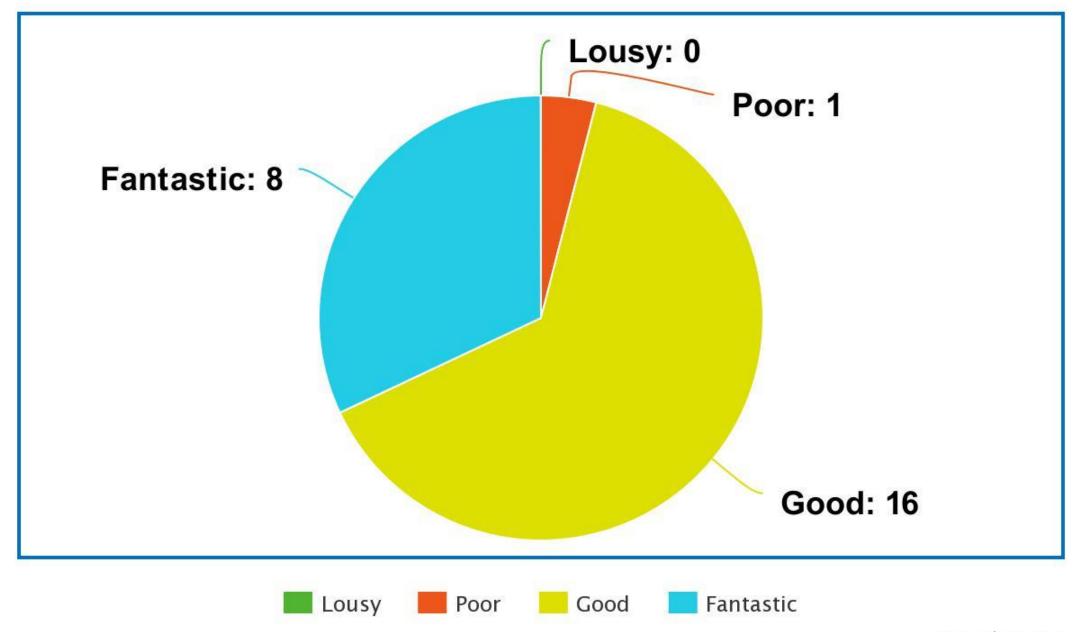


Artist Elisa Rathje at her 150 year old farmhouse Previous Food Literacy Knowledge



meta-chart.com

Food Literacy Knowledge After Workshop



meta-chart.com



*Diasporic Dumplings,* Amanda Huynh, 2019

### Edible Futures



*Human Hyena,* Paul Gong, 2019



*Totomoxtle*, Fernando Laposse, 2019



Tea Drop, Shaakira Jassat, 2019

### Brainstorming Edible Futures

- Write or draw your thoughts around these questions on your table:
- What do you think our food will look like in 20 years, 50 years, and 100 years?
- Imagine for the entire year of 2020, you had unlimited time, money, and materials – what would you invent to help food literacy, food sustainability, and food sovereignty?

"Climate change and all of its effects to the land, food, and people is a really weighty subject. Art provides a medium in which you're able to really touch people's hearts and talk about a challenge in a new way that is more accessible."

-Elizabeth Wheaton, Environment and Sustainability Director at the City of Miami



Sand: Amphithea ter, Misael Soto, 2018