



GOOD
FOOD
NETWORK

2018

PROGRESS REPORT

WORKING COLLABORATIVELY ON THE GOOD FOOD 2025 STRATEGY

What is the story?

From a small seed, amazing things can grow, and the Good Food Network was launched in 2015 with big things in mind. Could we work more strategically towards a shared vision for a healthy, sustainable and more equitable food system in the Capital Region? Could we gather a diverse network to bring together resources, expertise, influence and elbow grease on some focused strategies that would have a greater impact?

The Good Food 2025 strategy has emerged as a Big Tent that spans food from seed to fork. This report is an update on the progress made across this network in 2018. It is not a comprehensive undertaking but shows some of the highlights that have occurred this year in our key Impact Areas: Healthy Food Access and Equity, Food Literacy, and the Local Food Economy. It provides an update on the network Leadership Group as well as the Collaborative Outcomes Map working to provide a compass for our collaborative initiatives. A big thank you goes out to all who have contributed to this unfolding story.

In this report, you will find:

-  **New Collaboratives 2018**
-  **Highlights by Impact Area 2018**
-  **Good Food Leadership**
-  **Insert of the Collaborative Outcomes Map**

The Good Food Network Primer provides the full strategy and report and can be found at www.crfair.ca

NEW COLLABORATIVES 2018

Indigenous Foods Gathering

The. ÁLI SDÁLNEW "ALL THE GOOD MEDICINE" Indigenous Foods Gathering "Our Foods, Our Waters, Our Power" June 1-2, 2018 was hosted by STÁUTW .

There were over 200 people who shared the community feast and two days of workshops and activities. A full report can be found at crfair.ca



Closing the Supply Gap Leadership

A multi sector leadership group has come together to look at the regional food system and how to overcome the barriers to local food provision for wholesale, larger retail and institutional markets. These leaders are currently developing a demonstration pilot to address the supply gap.



Aligning to Tackle Climate Change

The Together for Climate Project is a new collaborative of regional stakeholders to develop localized climate impact reports, vulnerability assessments and implementation ready adaptation plans. CRFAIR is taking the work of the GFN to this table.



HEALTHY FOOD ACCESS

All residents enjoy food security



**ALL PEOPLE HAVE
DIGNIFIED AND
EQUITABLE ACCESS TO
GOOD FOOD**

Over 50 agencies of the FoodShare Network provided over 1.2 million pounds of fresh fruits and vegetables in our community.



**COMMUNITY FOOD
GROWING, HARVESTING
AND SHARING IS
INCREASED**

15 community and allotment gardens in Victoria- new Yates Street garden celebrating 75 new allotment spaces downtown! A new trimmer and tractor increases capacity of Tsartlip Nation to grow more food.



**LESS FOOD IS
WASTED**

Love Food Hate Waste campaign launched that estimates Victorians waste 250,000 tonnes of food annually.

FoodShare rescued over 22,000 pounds of food weekly

STORIES OF IMPACT



FOODSHARE NETWORK

The Food Rescue Center is a partnership between the Food Share Network, the Victoria Foundation, Rotary Clubs and Thrifty Foods. Many new grocers joined to contribute including Country Grocer and Whole Foods. With the help of Hero Work, this past year, they were able to establish a new commercial kitchen. Over 1.2 Million pounds of fresh foods were redistributed in 2018 with over 100,000 pounds gleaned from local farms and gardens between June and September.

The Food Rescue project provides food for over 56 member agencies. Saanich Neighborhood House is one who receives 15 boxes of fresh produce weekly. This food goes to support programs like Best Babies, preschool snacks, drop-in snacks, family dinner, community kitchens, and parenting support programs.



"I believe that this program has allowed many of our families to eat healthier. The entire community has access to shop all leftover produce which is gone within a few days. This whole project is a community affair! Also, it is such a valuable resource to ensure food that isn't perfect does not end up in our landfills."

-Sheila,

Saanich Neighbourhood Place

"Without your help, no fruits or vegetables would be in our diet, I just can't afford them."

-Alex

FOOD LITERACY

People Make Good Food Choices



DEVELOP HEALTHY FOOD SETTINGS

The Good Food Shift collaborative launched between LifeCycles, CRFAIR, Farm to School BC and the FoodShare Network to support healthier food environments in schools.



STRENGTHEN YOUTH ENGAGEMENT AND LEADERSHIP

The Sprout Fund for youth led food projects was introduced at the Youth Food Gathering this year. Colquitz School students created their garden and supplied the veggies for their salad bar



INCREASE PUBLIC AWARENESS AND SUPPORT FOR LOCAL GOOD FOOD

Island Good Campaign was launched by Island grocery store retailers and report increased local produce sales. Sooke AppleFest, Salt Spring Apple Festival, and Flavour Trails alone brings over 5000 people out to experience local food and farms



FARM TO SCHOOL-VIC HIGH FIRST SCHOOL FARM

The Capital Region Farm to School Hub held an annual celebration with 50 people in attendance and gave out the Pollinator Award to Reynolds Secondary School. The Vic High Learning Farm was launched with the support of Farmer Jesse Brown from Mason St. Farm. School District 62 initiated a farm to school strategy as part of the larger health strategy, and School District 64 is holding their first Learning Circle to share school garden knowledge from across the Gulf Islands.

YOUTH FOOD NETWORK LAUNCHES SPROUT FUND

This year over 70 youth attended the Youth Food Gathering for two days of learning and action. They launched the new SPROUT fund which will support youth-led food action projects in the region thanks to the Horner Foundation.

NEW URBAN LEARNING GARDEN AT VICTORIA LIBRARY

LifeCycles partnered with the Library and the Food Eco District to create a demonstration and learning garden at the Central Branch. Plans are in motion to build a biodiverse learning lab in the large urban courtyard, which will include Native Plant Gardens, Perennial Herb Gardens, Indigenous Food Gardens, Pollinator Gardens, Urban Agriculture Demonstration Space, and a Children's Garden.

STORIES OF IMPACT



"This year's Youth Food Gathering was a wonderful celebration of youth, community and delicious food! I have so much gratitude for all the friendly faces that showed up eager to learn. When youth are given the space, support and resources...we are capable of changing the world! "
-Alex Kuhn, Youth Coordinator



LOCAL FOOD ECONOMY

increased supply of reliable, healthy sustainable local food



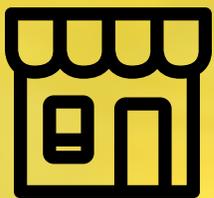
**INCREASE COMMUNITY
FOOD GROWING,
HARVESTING, AND
SHARING**

The Victoria Urban Food Table launches study to determine amount of food that people are growing in the city so they can measure projected increase in food production over time.



**SUPPORT REGIONAL FOOD
PRODUCERS WITH LAND,
INFRASTRUCTURE AND
CAPACITY**

The Salt Spring Island Farmland Trust has started construction of the Root, a new facility for food processing, distribution, storage and education.



**DEVELOP POLICY AND
CAPACITY
PROMOTING LOCAL FOOD
SYSTEMS**

Saanich approved its first Agriculture and Food Security Plan, and The Victoria Urban Food Table became an official food policy council of the City of Victoria

STORIES OF IMPACT

TSARTLIP NATION GETS GROWING

The Family Garden Program works with 55 Tsartlip households (approximately one-third of the community), building backyard gardens and growing a variety of fruits and vegetables. There is also a Teaching Garden located next to the health centre, which provides programming on the role of traditional Indigenous plants as food and medicine. This year they got their long-awaited Tractor and Trimmer to cultivate more land.

MORE LAND FOR GROWERS THROUGH COMMUNITY FARMS

This year The District of North Saanich moved forward its plan for the Sandown Community Farm. Lohbrunner Farm also launched its CSA Harvest Share Program. These efforts add to the growing number of farms working to provide land access in the region alongside Haliburton, Burgoyne, and Newman Farm.

THE ROOT IS UNDERWAY

Ground was broken on Salt Spring Island to establish the Root, the first comprehensive community developed produce storage, processing, and distribution center of its kind in the region. This was led by the SaltSpring Island Farmland Trust, who also supports the Burgoyne Farm that now houses six farm operations.



"There is a growing market for local food with limited capacity for supply. We have lost a lot of infrastructure that we need to rebuild"

-Pat Reichert, SSIFLT

"We invite people to workshops to show them how to plant, talk about soil and composting, Gardening is a renewable skill, something that we fine-tune and continue to build on."

-Mary Hayes, Tsartlip Garden Coordinator

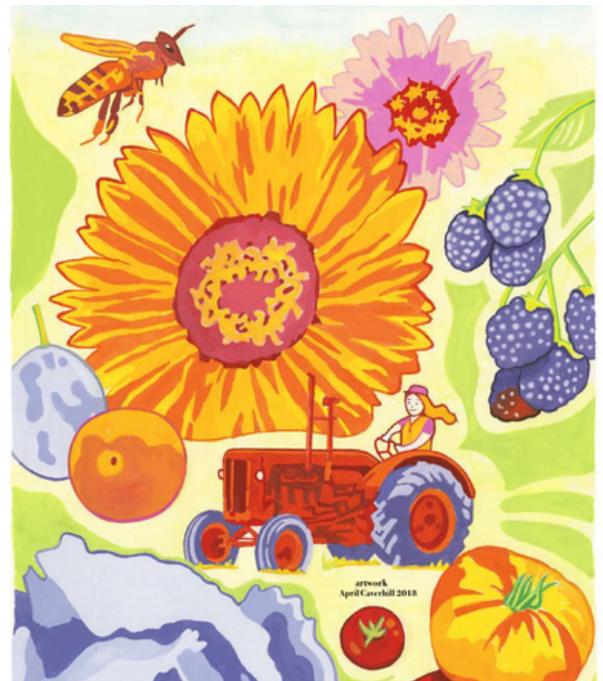
Good Food Leadership



The Good Food Network (GFN) is aligning our efforts behind the Good Food 2025 strategy to create a better food system. Over the past year, a GFN Leadership Group came together more formally to guide this effort. This group is represented by leaders from across the food system representing health, school, funding, community, private, local government and academic sectors.

Some key work the leadership group undertook in its first year include:

- ✔ Taking a decolonizing and diversity lens to our work and way forward
- ✔ Assessment and analysis of emerging issues and opportunities for the network
- ✔ Update of the Food Systems Outcomes Map Process and Food Metrics framework development
- ✔ Guiding and leading the Good Food Summit
- ✔ Supporting the development of the 2018 Good Food Network Progress Report



Network Bounty 2018



Food Leadership Group established



50% increase in the number of organizations who have joined the network and signed the Good Food Resolution



Update of the Food Systems Collaborative Outcomes Map to support Food Metrics development



Launched GFN E-Newsletter - 2000 subscribers



200 attended the networks annual Good Food Summit



Food Atlas launched- a searchable database of food projects and services by region on Vancouver Island.



Over \$350,00 leveraged to directly support network initiatives



Food Literacy Annual Roundtable held, launch of the Working Group and pilot Indigenous Co-leadership exploratory

GET ON THE MAP

Share your place in our Island Food System!



When it comes to a food-secure island region, we all have a role to play.

Our impact grows when we work together on common goals for a healthy food system for our community.

Help us build a healthy Island food system where everyone has access to the foods they need to thrive.
foodatlas.ca



For more information www.crfair.ca contact: info@crfair.ca

Good Food Network Update: November 2018

Our Strategy

Greater Victoria - Capital Region

Good Food 2025

Food Access

Key Strategies:

- Improve access to healthy, safe, appropriate food
- Enhance collaboration between programs/services/organizations
- Systemic change through collective advocacy

Target:

Decrease Food Insecurity by 25%

Local Food Economy

Key Strategies:

- Increase community food growing, harvesting and sharing
- Support regional food producers with land/infrastructure/distribution capacity
- Develop capacity/policy that promotes institutional procurement

Target:

Increase Local Foods by 25%

Food Literacy

Key Strategies:

- Develop Community and Neighbourhood Food Hubs
- Strengthen youth engagement/leadership
- Increase public awareness and support for local Good Food

Target:

Double Food Literacy

Environmental Sustainability

Income Security

Family and Culture

Affordable Housing

Heartfelt Thanks!



Vancity



THE HORNER FOUNDATION



VICTORIA FOUNDATION



Canada